

TE RUNANGA O TE WHANAU.

Whanau Ora

**Health and Social
Services Report for
2022 Annual Report**





WHANAU ORA MANAGEMENT REPORT

Tēnā koutou katoa

I would firstly like to acknowledge my Kaimahi who contributed to the strengthening of our Whānau Ora services throughout this difficult year. They were continuously leading from the front, supporting whanau to lead better lives and build resilience for brighter futures. The long hours spent ensuring whanau were well equipped with what they needed in this challenging environment that was being shaped by COVID.

This 2022 Annual report will summarise our Whānau Ora services progress and achievements and demonstrates our progress towards a healthier whanau.

During the year the Health and Social Services Whanau Ora Team continued to aid the health response to the Covid-19 global pandemic in our Iwi. We responded to issues of importance and continue to deliver and support this pandemic in this space.

Despite the many difficulties our whanau faced throughout 2022 the reality was that our whanau supported whanau and this strength was crucial to our spiritual and emotional health.

OUR KAUPAPA

Whanau Success

Whanau Ora is to navigate our whanau towards a brighter future by providing services and support so to empower them to achieve their goals and dreams. We work alongside our whanau providing a wraparound service that looks at our whanau wellbeing and self-sufficiency. Our programmes support whanau to plan and achieve their short, medium, and long-term aspirations. We look at an aspirational strength-based approach to whanau development.

Te Kawa o Whanau Ora

Whanau ora have launched their framework Te Kawa o Whanau Ora which is based on a pilot which Te Runanga o Te Whanau trialed with Dr. Kiri Waititi-Tamihere in 2019. TKOWO is based on 6 Pou representing the fundamentals of Whakapapa, Whanaungatanga, Aroha, manaakitanga and Wairuatanga. Those Pou are;

- Mana Motuhake
- Tuhono
- Ngakau Maori
- Nga Hua
- Tumanakohanga
- Mataaki

OUR NETWORK | WAIARIKI

Eastern Bay of Plenty Whānau Ora Collective

- Te Rūnanga o Te Whanau
- Te Puna Ora o Mataatua
- Te Ao Hou
- Tūwharetoa ki Kawerau Hauora

We all make up this Eastern Bay of Plenty Whānau Ora Collective. Together we support each other to deliver Whānau Ora Services to our whanau that addresses their needs and builds whanau capacity.

APANUI CENSUS

Te Runanga o Te Whanau will be leading the census Kaupapa for March 2023

- 2023 Te Whanau a Apanui will be the first Iwi to Collect NZ Government Census Data
- Apanui App Data.
- Participation is required under Statistics Act 1975.
- Can be completed on paper or online.
- Available in English or bilingual format.
- Apanui App Data Collectors can distribute paper copies, help fill in paper copies, collect paper copies and assist whanau to fill in the app on device.
- Data of all respondents who live in Te Whanau A Apanui rohe is co-owned by the Iwi.
- Data will be collected, analysed, and disposed of in a manner that supports the realization of Māori and Iwi aspirations.

APANUI WHAKAPAPA APP

Haydn Read has designed an app to assist with the Apanui Census and collect valuable info for Te Whanau a Apanui hapu. Visit the play store or app store to download the Whakapapa App

- Voluntary but encouraged by Te Whanau a Apanui and Hapu as this gives access to our own data
- Accessed to Apanui App data is controlled by Hapu

COVID - 19 UPDATE

Omicron moved at a rapid pace and spread throughout our Iwi. As winter approached the numbers increased and the Te Kaha Medical Centre, Hapu, St Johns and Te Runanga o Te Whanau worked to support our whanau who were isolating with food, medical supplies, isolation support.

Weekly zoom meetings were held to keep the communication flowing, the daily emails to keep everyone updated the use of messenger to contact whanau brought about its many challenges. The logistics, the planning, the support and the love that was shown shared and received through this time was awesome. I would like to say a big thank you to everyone who gave of their time, who put themselves on the front line including our hapu reps in the covid response team, thank you thank you for all the hard work for the aroha shown to support, guide and awahi our whanau.



WHANAU ORA TEAM - KAIMAHI



Carol Trinick
Whanau Ora Kaiarahi



Rangikia O'Brien
Whanau Ora Manager



Daine Perese
Whanau Ora Kaiarahi



Natalie Ngamoki
Whanau Ora Kaiarahi



Toni Trinick
Whanau Ora Kaiarahi



Kara Waititi-Kurei
Whanau Ora Kairuruku



Faith Ngatoro
Whanau Ora Administrator

Kaiārahi are supporting whanau to access care and support. They advocate for whanau and provide them that wrap around services to assist them in achieving those whanau outcomes.

I would like to take this opportunity to thank and farewell Te Motu Savage who worked in this space for 20 years and recently resigned to join the medical team. We wish her all the best in her new role as the manager of Te Kaha Medical Centre. Maia Calcott and Te Marino Painting-Davis have also left the team to pursue their own aspirations and we wish them well in their future goals.

Retention of staff continues to be an issue, we have had a high turnover this year although we continue to foster the positive team environment and advertise for vacancies.

Greater awareness of the Whānau Ora programmes and resources is behind the increased volumes of whānau referrals received by Kaiārahi. Whānau needs are complex and comprise of not one but many concerns. Housing, addictions, and escalating living costs are the main motivators for whānau engagement. Agencies such as Oranga Tamariki, NZ Police and the DHB social services are seeking the help of Kaiārahi and partner services more frequently. It is a common theme throughout the Collective partners. All parties work in the best interests of whānau who appreciate the wraparound support and unbiased advocacy Kaiārahi provide. The Whānau Ora Diploma is recognized as an important component of strengthening the professional development of our Whānau Ora Kaiarahi. A Degree has also been approved and Kaiarahi will move onto this once they have completed the diploma.

WHANAU ORA COLLECTIVE ROLES



Donna Perese
Change Development Lead
(CDL)



Holly Wharewera
Nga Tini Whetu Program
Manager



Dr. Hadyn Read
Data Analyst

Whanau Ora Eastern Bay Collective are currently planning for the Annual Investment Plan and the roles above will change as the NTW program and strategy pivot towards backbone functions for the collective and the development of a new program Whiria Nga Hua.

COVID SUPPORT TEAM AND OTHER ROLES



Louise Schroder
Covid Community Connector



Shona Matchitt
Covid Support



Dale Adams
Covid Support and Deliveries



Bless Perese-Elliot
Jnr Data Analyst



Brenda Waititi
Covid Support & Apanui Census
Co-Ordinator

Our Jnr Data Analyst role is part of a collaboration with MSD to strengthen capability in systems, processes and data management. Te Runanga o Te Whanau lead the Apanui Census with a team of hapu members including the co-ordinator.



PROGRAMMES AND SERVICES

We continue to receive an abundance of new referrals coming and seeking support either self, internal or external. Covid again affected a lot of our programmes and services this year with the traffic light system we had to rearrange, reschedule, and postpone. In between the light settings we endeavoured to deliver what we could without compromising our health stand to protect our whanau at all costs keep me well, keep me safe and keep me alive.

TUAKANA TEINA

Kids Club

Kids club is a very popular afterschool activity for our tamariki, that offers a fun and safe space for our tamariki aged 5-13 years. One week these are based at Kauaetangohia Marae and the following week at Omaio Marae. We continue to nurture our relationship with 1XX FM staff to bring the annual Beach Dig, Easter Egg Hunt and Super Heroes Events to Te Whanau a Apanui. Again due to circumstances we were unable to deliver some of these events this year.

Our holiday program we supported this year was run during term 3 and this was a Waka Ama Program run down the cape.

Manu Turuki

Drivers Licenses - two license courses were run this year with 14 high school students of Te Kura o Te Whanau a Apanui, alongside Beverly Walker with great success.

Diving course - 16 students of Te Kura Mana Maori o Whangaparaoa along with some adults completed a diving course with Coasty Kidds Dion Aupouri and Reremoana Sheridan in November.



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services

Programs & services



KAHUI PAKEKE

Activity Days

Our Kahui Pakeke programme was run briefly this year due to circumstances – traffic light and staff turnover. Covid had a big impact while keeping them safe and not having large gatherings when Covid was rampant was a priority. When we did start-up, we had some beautiful days at the Marae. They experienced a beautiful day at Kahurautao, Pahaoa and were well looked after by the whanau who put on a memorable day. They also went to watch the movie Muru at Whakatmax in Whakatane and the two vans of Pakeke that attended had a lovely day out.

Shopping Days

The Kahui Pakeke Transport to Opotiki run fortnightly Tuesday and Fridays. We would like to thank all the volunteer drivers for their support in continuing this service for our Pakeke.

APANUI HIKITIA

Roopu Wahine

Roopu Wahine ran a 6 week course drawing in between 25-40 wahine who were keen to dive into the aspirational space, planning their futures with vision boards and enjoying time together creating the content of their wananga. Their focus was largely centered around women's hauora, mindfulness and uplifting activities together. Those of our young wahine who attended thoroughly enjoyed their time together in this environment connecting and gathering strength from one another.

WORKSHOPS

This year we planned to deliver a number of workshops based on feedback from last year however we were only able to deliver three(3) workshops to our community with the help of other providers, those were:

- Anxiety
 - Autism
 - Alzheimer's
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Programs & Services



HAUORA

Sponsoring physical health. This initiative led by Kara Waititi-Kurei was to encourage the whanau to push play whether it be through BoxFit via zoom or going for a walk. Any form of exercise is healthy and we encourage whanau to participate. The gym at the Police Station is well utilized and our whanau ora whanau use it regularly with the support of our Kaiarahi who encourage them to put time into themselves to reap the benefits of a healthier life. We offered whanau sponsorship of a 6 week course online via a zoom link course with our local Endub Health Fitness crew run by Naomi Webb and Kara Waititi-Kurei.

Te Runanga o Te Whanau supported the Apanui Holistic Healing Clinics beginning at Otuwhare Marae with our local practitioners of Mirimiri, Romiromi, Reiki, Reflexology and Rongoa Maori. The aim was to help whanau to have a wider view of wellness and access all avenues of Health. There was great turn out from Te Whanau a Apanui with lots of positive feedback.

WHANAU DIRECT

Whanau direct is a Whanau Ora initiative that allows financial grants to whanau in need. We worked with whanau signed up to our services by identifying specific needs and issues. The number of whanau supported by Whānau Direct, 61. The number of Whānau members 148.

Whānau Resources included; Vehicle repairs and maintenance, Food and nutritional supplies, Household appliances, Property repairs and maintenance (including materials), Childrens clothes/shoes and Dental services/resources.

TRENDS AND HIGHLIGHTS

Housing continues to be a constant source of stress. The affordability of homes both for rent and purchase has become beyond the reach of most whanau. This, along with the increase in the cost of living the cost of fuel has impacted heavily. Day-to-day living expenses for whānau with large families are harder to meet with many whānau seeking support to assist with these expenses. Home maintenance, plumbing, electrical, unhealthy homes installations are all problems that our whanau are experiencing and facing. Methamphetamine continues to be a huge issue.

TIROHANGA WHAKAMUA | LOOKING AHEAD

Te Runanga o Te Whanau Whanau Ora | Health and Social Services supports whanau resilience to create a strong resilient Iwi. Supports the aspirations of our whanau as they navigate their journeys towards becoming stronger and more resilient whanau. Supports whānau success. Key Strategies for the team heading into the future will focus on;

- Housing
- Relationship Building with key stakeholders to create opportunities for our whanau
- Building capability around data capture and measurement.
- Education – Mussel Farm Development
- Supporting whanau from crisis into aspiration

Tena koutou katoa

